

Not Ready to Change			Thinking about Change				Ready to Change		
1	2	3	4	5	6	7	8	9	10
LEAVE IT ALONE ZONE			DEARS ZONE				ACTION PLAN ZONE		

**SYNOPSIS FORM: FOR USE IN MEETING 2**  
**RECOVERY PRIORITIES IDENTIFIED THROUGH MHRM/ NOM**

**1. BASIC NEEDS** (E.G. SAFETY, STABLE FOOD AND HOUSING).

**GOAL?**

**BASIC NEEDS DOMAIN READINESS SCORE:** **N/A** OR [Click here to enter text.](#)

[Click here to enter text.](#)

YES ☐ NO ☐

[Click here to enter text.](#)

YES ☐ NO ☐

[Click here to enter text.](#)

YES ☐ NO ☐

[Click here to enter text.](#)

YES ☐ NO ☐

**2. OVERALL HEALTH** (E.G. WEIGHT LOSS, CHOLESTEROL MGMT)

**GOAL?**

**OVERALL HEALTH DOMAIN READINESS SCORE:** **N/A** OR [Click here to enter text.](#)

[Click here to enter text.](#)

YES ☐ NO ☐

[Click here to enter text.](#)

YES ☐ NO ☐

[Click here to enter text.](#)

YES ☐ NO ☐

[Click here to enter text.](#)

YES ☐ NO ☐

<i>EBP/ Service</i>	<i>REFERRAL ATTEMPTED (YES TO SERVICE WAS RESPONSE)</i>	<i>REFERRAL ATTEMPTED ("NO THANKS EVER" WAS RESPONSE)</i>	<i>REFERRAL ATTEMPTED ("TRY ME LATER" WAS RESPONSE)</i>	<i>NO REFERRAL ATTEMPTED (OOPS/ FORGOT)</i>	<i>NO REFERRAL ATTEMPTED (READINESS REASONS)</i>	<i>NO REFERRAL ATTEMPTED (NO SERVICE MATCH)</i>
WHAM	1	2	3	4	5	6
InShape	1	2	3	4	5	6
YMCA	1	2	3	4	5	6
WalkingG	1	2	3	4	5	6
YogaG	1	2	3	4	5	6

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SYNOPSIS FORM: FOR USE IN MEETING 2						
RECOVERY PRIORITIES IDENTIFIED THROUGH MHRM/ NOM SYNOPSIS FORM: FOR USE IN MEETING 2						
<b>3. MENTAL HEALTH RECOVERY</b> (E.G. HEARING VOICES LESS, FEELING LESS GLUM, OVERCOMING CHALLENGES WITH MEDICATION)  <b>MENTAL HEALTH DOMAIN READINESS SCORE:</b> <b>N/A</b> OR <a href="#">Click here to enter text.</a>						<b>GOAL?</b>
Click here to enter text.						YES <input type="checkbox"/> NO <input type="checkbox"/>
Click here to enter text.						YES <input type="checkbox"/> NO <input type="checkbox"/>
Click here to enter text.						YES <input type="checkbox"/> NO <input type="checkbox"/>
Click here to enter text.						YES <input type="checkbox"/> NO <input type="checkbox"/>
EBP/ Service	REFERRAL ATTEMPTED (YES TO SERVICE WAS RESPONSE)	REFERRAL ATTEMPTED ("NO THANKS EVER" WAS RESPONSE)	REFERRAL ATTEMPTED ("TRY ME LATER" WAS RESPONSE)	NO REFERRAL ATTEMPTED (OOPS/ FORGOT)	NO REFERRAL ATTEMPTED (READINESS REASONS)	NO REFERRAL ATTEMPTED (NO SERVICE MATCH)
OCA	1	2	3	4	5	6
VET2VET	1	2	3	4	5	6
HVN	1	2	3	4	5	6

4. <b>SUBSTANCE USE RECOVERY</b> (E.G. USING TOBACCO/ ALCOHOL LESS, QUITTING HEROIN)						<b>GOAL?</b>	
SUBSTANCE USE DOMAIN READINESS SCORE: <b>N/A</b> OR <a href="#">Click here to enter text.</a>							
Click here to enter text.						YES <input type="checkbox"/>	NO <input type="checkbox"/>
Click here to enter text.						YES <input type="checkbox"/>	NO <input type="checkbox"/>
Click here to enter text.						YES <input type="checkbox"/>	NO <input type="checkbox"/>
Click here to enter text.						YES <input type="checkbox"/>	NO <input type="checkbox"/>

  

EBP/ Service	REFERRAL ATTEMPTED (YES TO SERVICE WAS RESPONSE)	REFERRAL ATTEMPTED ("NO THANKS EVER" WAS RESPONSE)	REFERRAL ATTEMPTED ("TRY ME LATER" WAS RESPONSE)	NO REFERRAL ATTEMPTED (OOPS/ FORGOT)	NO REFERRAL ATTEMPTED (READINESS REASONS)	NO REFERRAL ATTEMPTED (NO SERVICE MATCH)
SLLM	1	2	3	4	5	6
M/WHFT	1	2	3	4	5	6
SSAFETYW	1	2	3	4	5	6
SMART	1	2	3	4	5	6
TRANSF...	1	2	3	4	5	6

REFERRALS TO OTHER PEER DELIVERED SERVICES IN MEETING 2:						
EBP/ Service	REFERRAL ATTEMPTED (YES TO SERVICE WAS RESPONSE)	REFERRAL ATTEMPTED ("NO THANKS EVER" WAS RESPONSE)	REFERRAL ATTEMPTED ("TRY ME LATER" WAS RESPONSE)	NO REFERRAL ATTEMPTED (OOPS/ FORGOT)	NO REFERRAL ATTEMPTED (READINESS REASONS)	NO REFERRAL ATTEMPTED (NO SERVICE MATCH)
Autism Support	1	2	3	4	5	6
Rainbow Recovery	1	2	3	4	5	6
Open Studio	1	2	3	4	5	6
Monthly Social	1	2	3	4	5	6
Writers Group	1	2	3	4	5	6
<b>Other (write in below)</b>						
	1	2	3	4	5	6
	1	2	3	4	5	6
	1	2	3	4	5	6
	1	2	3	4	5	6

<i>For Use with MHRM...</i>				
<b>Strongly Disagree</b>	<b>Disagree</b>	<b>Not Sure</b>	<b>Agree</b>	<b>Strongly Agree</b>

<i>For Use with Readiness to Change Ruler...</i>									
<b>Not Ready to Change</b>		<b>Thinking about Change</b>						<b>Ready to Change</b>	
1	2	3	4	5	6	7	8	9	10